

Advanced Sequence



Why is this an advanced sequence? Because you are now studying footwork and body placement (tai-sabaki).

At your initial, elementary stage, for a complete beginner, I have advised you not to concern yourself with footwork. Doing so would confuse you, slow you up, require many months of rigorous study – and would in all likelihood lead to your total defeat in a stressed confrontation situation!

This chapter deals with your next, much more advanced level. At say Blue Belt (2nd Kyu) level in martial-arts-speak. Which means much careful and thorough solo practice until you can almost perform accurately without thought. Almost ..

Holding your (Unbreakable) Umbrella as shown, at the immediate confirmation of his pending attack

- Step your left foot widely back to your left rear quarter, flipping the End up into your left hand
- Step your right foot directly backwards and Billiard Thrust the Tip into his face/eye as the foot lands.
- Snatch your weapon back to your right shoulder and with a double-handed cross hold give a loud kiai shout and smash the End down into him.

Put power in your belly and really smash down into him. The Unbreakable Umbrella can deliver the goods whereas a Flimsy one could not.

Now, like I said, this is an advanced technique. In that you really have to practise this sequence **thoroughly** for it to work. If you do not practise it muchly, do not attempt it in a street fight. You will end up being mugged or raped.

But if you carefully and with **full mind intent** repeat it say

thirty times a day for perhaps two months

you will have a realistic chance of performing it in real terms in a real mugging or rape attack with a real chance of dropping the attacker without an eye or his front teeth and with his wits really scattered all over the floor.

Rough? Yes! Tough? Yes! But necessary? Yes!

If you are not prepared to train and use footwork, then pre-empt his attack from the standing still posture.

If you intend to do all you possibly can to avoid being mugged or raped in these perilous times, practise as I suggest here.

- It's serious
- It's fun
- It works

And whether it rains or shines,

It gives you a good reason to carry your Umbrella!